

Parental Engagement in Children's Learning, Development and Wellbeing - School Programme

A flexible school-based programme which includes: **Parental engagement** development / action planning, mentoring, support for professionals working with parents, Family Voice consultation, 1-1 and family support, curriculum, home-learning, on-line safety, Speakeasy (Relationship & Sex Education (RSE), creative, health and well-being workshops, parenting, ready to learn/school attendance programmes and family and adult learning activities (volunteering, work ready and employment courses), school-based roles.

How to access: Through school / setting Service Level Agreement and grant funded programmes.

Email: parentalengagement@towerhamlets.gov.uk **Contact:** denise.de-goze@towerhamlets.gov.uk **Telephone:** 07985360247

Transition Support

A focussed programme supporting families during **transition, challenge and change** which includes: Information sessions for all transition phases, supporting year/phase groups, marginalised groups or new arrivals. Case work supporting applications, appeals, in-year admissions, managed moves and work with parents/carers of young people at risk of exclusion. Supporting families with difficult issues such as bullying and school/home communication breakdown.

How to access: Professional or self-referral. School based / virtual phase/year group sessions for parents arranged on request.

Email: transitions@towerhamlets.gov.uk **Contact:** bernadette.ogazi@towerhamlets.gov.uk **Telephone:** 020 7364 1533

Parenting Support

Evidence-based **parenting programmes** promote protective factors associated with good parenting and better outcomes for children. Programmes explore child development, the causes of conflict and difficult behaviour, ethnic and cultural roots, community involvement and family values and support parents and carers in their parenting role. Programmes include: Strengthening Families, Strengthening Communities (SFSC), Triple P under 12's and Teen, Family transitions/parenting after separation or divorce, Triple P discussion groups on different topics such as, managing bedtime routines and dealing with emotional behaviour, Emotional First Aid (EFA) which supports parents spot the signs of emotional distress and how this may impact upon family life and parenting, Parent Factor supporting families with children who have a clear diagnosis of ADHD, Keeping children safe online and more. Programmes are available face to face, online or via self-directed study, daytime and evening, in Bengali and Somali.

How to access: Professional or self-referral. Multi-agency work with Children's Social Care (CSC), Social Inclusion Panel (SIP)/Early Help Assessment.

Email: parenting@towerhamlets.gov.uk **Telephone:** Telephone: 020 7364 6398 or 07940468209

Contact: Zahra.jama@towerhamlets.gov.uk or Karen.Fender@towerhamlets.gov.uk

Community Engagement

Parent & Carer Council (PCC) Tower Hamlets' main family forum: Parents can discuss and contribute to the decision-making process and help shape services that are available to families in the borough. The PCC supports schools and community organisations to develop local parent forums and has affiliated membership for school/community groups.

Associated groups and activities include the Dads' Network, Home Educators' Forum and the Somali Parent and Carers Network.

How to access: Open to all Tower Hamlets parents and carers.

Email: parentalengagement@towerhamlets.gov.uk **Contact:** fiona.stokes@towerhamlets.gov.uk **Telephone:** 0790894841

SEND Information, Advice and Support – SENDIAS

Advice, information and support for parents and carers of children and young people with **Special Educational Needs and Disabilities (SEND)**, supporting parents to work in partnership with their child's school. Advice line, case work, support groups and forums. Also, advice, information and support for young people with SEND (16-25) independent of their parents/carers.

SENDIASS supports Our Time All Ability Youth Forum for all young people with SEND (14 -25) to ensure that their voices are heard at strategic level. To inform other parents and young people about SEND and promote inclusion trained Parent and Young People Ambassadors are supported to attend events and provide training.

How to access: Parent carer self-referral.

Email: TowerHamlets&City.SENDIASS@towerhamlets.gov.uk **Contact:** jenny.miller@towerhamlets.gov.uk **Telephone:** 020 7364 7127

Family Information Service & Local Offer

Information and advice on a comprehensive range of **services for children, young people** (birth – 25 years old), and parents/ carers, including childcare, childcare brokerage, leisure and holiday activities, SEND information and online resources.

How to access: Available to all parents and professionals. www.towerhamlets.gov.uk/LocalOffer

Email: fis@towerhamlets.gov.uk **Contact:** Krupali.mehta@towerhamlets.gov.uk **Telephone:** 020 7364 6495

Holiday Childcare

For children aged 3 - 13. The **Holiday scheme** runs during half-term breaks, Easter and Summer holidays, Monday-Friday from 8am – 6pm. Places are available for vulnerable children via direct school referral and also Short Breaks referral for children with SEND.

How to access: Available to all parents and carers and referrals from schools and CSC.

Email: holiday.childcare@towerhamlets.gov.uk **Contact:** christina.costi@towerhamlets.gov.uk **Telephone:** 020 7364 4071